

Preparing for Surgery

It is extremely important that you make arrangements for a responsible adult to accompany you to the hospital on the day of your surgery. Also plan to have a responsible adult stay overnight with you at your home on the day of surgery. If a responsible adult is not with you when you arrive at the hospital your surgery cannot be performed.

Please read over all of the following instructions:

- Perform your normal morning routines, such as showering and brushing your teeth, before you arrive at the hospital.
- Do not eat or drink after midnight the day before your surgery. This includes water, coffee, chewing gum and mints.
- Do not take any aspirin or medications containing aspirin one week prior to surgery.
- Do not take diuretics (water pills) the morning of surgery.
- You may take any of your other daily prescription medications, with a small sip of water, the day of surgery. Please be sure that the medications do not contain aspirin.
- Herbal or diet medications must be discontinued two weeks prior to surgery, as extreme complications can occur when mixed with anesthetic agents.
- Do not drink any alcoholic beverages 48 hours prior to surgery.
- Do not smoke cigarettes or use any tobacco products before or after your surgery.
- Remove all jewelry including body piercing before coming to the hospital. It is not allowed in the operating room.
- Please notify us if a change in your physical condition develops prior to surgery such as a cold, fever or rash.

***** If you have any questions about the information you have received please contact **Linda** at (248) 539-3027.