

Macomb Imaging Center, LLC

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Patient Preparation Instructions

Please read thoroughly prior to test!

Regular Stress Test

1. 24 hours prior;
No smoking
Avoid all beverages and food containing caffeine (chocolate, cola, coffee, tea).
2. 4 hours prior;
Nothing to eat or drink. If you are diabetic you may eat up to 2 hours prior to the test.
3. Do not use oil, lotion, or powder on your chest area
4. Wear or bring rubber soled, well fitting shoes to walk on the treadmill. If possible, wear a button-up shirt.

Myoview Stress Test

Items 1-4 above, plus the following

6. You will receive two small dose injections of a radioactive solution. One will be given at your arrival and the second during exercise.
7. This test takes 1 1/2 to 2 hours.

Myoview Persantine Stress Test

1-3 above, plus the following

8. If you are asthmatic, please refrain from using inhalers for 24 hours prior to the test if possible. You must also inform the technician of your medications.
9. You will be given two small dose injections of a radioactive solution. One will be given at your arrival and the second during the Persantine infusion.
10. This test takes 1 1/2 to 2 hours.

Resting MUGA

1. No special preparation required for this test, it takes 1-1 1/2 hours. This test involves two injections of a radioactive tracer.

**** Please note that the office is kept at a very cool temperature. You may want to bring a sweater or jacket that does not have metal buttons or snaps.***

**** If you have questions regarding whether or not you should take your medications, please contact your doctor***

Cancellations

A 24 hour notice is required to cancel or reschedule appointments.

Please call (586) 978-8700 or your doctor's office to cancel your appointment

Please call your doctor's office to reschedule your appointment

****Important****

Due to the very short shelf life of the radioactive material, late arrival of your appointment (15 minutes or more) will result in cancellation of your test.