MEDICATION LIST FOR OBSTETRICAL PATIENTS AND NURSING MOTHERS

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Livonia office (734) 432-7731, Novi office (248) 465-4040

NAUSEA

EMETROL		As directed
VITAMIN B-6	50 mg	twice daily
UNISOM	½ tab	Caution – Unisom may cause drowsiness

HEADACHES

TYLENOL Regular or extra strength as directed
NO aspirin
NO Ibuprofen, **NO** Advil, **NO** Motrin

COLDS/ SINUS COLDS

CONTAC, SUDAFED, ACTIFED OR TYLENOL COLD MEDICATION

CHLORTRIMETON	4 mg as directed
CLARITIN	(directions on the package)
ZYRTEC	(directions on the package)
AFRIN NASAL SPRAY	*use no longer than 3 consecutive days
BENADRYL	

SORE THROAT

CEPACOL, CHLORASEPTIC, SUCRETS LOZENGES, ROBITUSSIN LOZENGES OR ANY OTHER LOZENGE

COUGH

ROBITUSSIN COUGH SYRUP – REGULAR OR DM FORMULA
ROBITUSSIN COUGH DROPS

DIARRHEA

KAOPECTATE, IMMODIUM AD AND GATORADE

CONSTIPATION

METAMUCIL, CITRACIL OR FIBERCON
GLYCERIN RECTAL SUPPOSITORIES
COLACE TABS – 1 to 2 tables twice a day for as long as needed – no limit
MILK OF MAGNESIA
MIRALAX POWDER

HEMORRHOIDS

ANUSOL OR PREPARTION H RECTAL SUPPOSITORIES OR CREAM
TUCKS
SITZ BATHS
MAINTAIN ADEQUATE DIETARY FIBER AND LIQUID INTAKE (8 – 8 oz. Daily)

HEARTBURN OR UPSET STOMACH – DO NOT USE PEPTO BISMOL

MAALOX, MYLANTA, TUMS OR GELUSIL
ZANTAC – 75 mg tablets, one tablet twice daily (this is an over the counter medication)
ZANTAC – 150 mg tablets, one tablet twice daily

ALLERGY SHOTS

MAY BE CONTINUED – PLEASE CONSULT YOUR ALLERGIST

VAGINAL YEAST INFECTION

MONISTAT 7 VAGINAL CREAM OR MONISTAT 3 SUPPOSITORIES

INSOMNIA

BENADRYL – 25 to 50 mg at bedtime

ALL MEDICATIONS SHOULD BE TAKEN ACCORDING TO THE PACKAGE DIRECTIONS UNLESS OTHERWISE INDICATED BY OUR OFFICE
IF YOU HAVE ANY QUESTIONS ABOUT TAKING A MEDICATION, PLEASE CALL THE OFFICE DURING OFFICE HOURS
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